

**Meeting international de
Sauvetage Sportif**

Colmar Cup

2012

infos:

www.colmarcup.net

Sa. 04 Fév.

Stade Nautique , Colmar (FRA)



www.ffss.fr



VILLE DE
COLMAR



wetiz.eu
ocean racing



INTRODUCTION :

The Colmar Cup is an international indoor lifesaving competition and has been timetabled as the official FFSS calendar for years. Any club, regional or national delegation belonging to the international lifesaving federation (ILS) can participate in this competition. All the participants must be fully licensed according to ILS regulations.

The Colmar Cup is for lifesavers born in 1998 or before.

ENTRIES FORM:

Sign up at www.colmarcup.net. It is imperative that you use this document to enroll for the competition.

Enroll **before January, 25th 2012 (midnight) by email** Enrollment after this date will not be taken into account. Send your forms to colmarcup2012@gmail.com

ENTRIES FORM VALIDATION :

Enrollment will be complete as soon as payment is received via bank transfer (RIB and IBAN accessible at www.colmarcup.net)

12 euros per entry.

Deadline : **January, 25rd 2012.**

NUMBER OF PARTICIPANTS :

CAUTION : due to the overwhelming success of the competition, the comity has decided to limit participants to 200 per race. Consequently, as soon as the limit has been reached (and payment received), enrollment will be close.

JUDGES : Each club must provide a judge.

The programme of the competition.

Individually :

- 200 m Obstacle swim*
- 100 m Manikin tow with fins*
- 100 m Manikin carry with fins*
- 50 m manikin carry*
- 100 m rescue medley*

In teams :

- 4x50 m obstacle relay*
- 4x50m medley relay*
- 4x25 m manikin relay*

Categories.

Competition open to lifesavers born in 1998 or before.

Rewards :

There will be 1st, 2nd and 3rd prizes for every race.

Relays : prizes to the 3 top teams. Points will be tallied from 3 races

REGULATIONS.

The rules for each race are those defined by the ILS.

The specific rules for a 25m pool will be those of the French Federation of life-saving and first aid.

No swimming wet suits will be authorized. (cf FINA regulations)

TRAINING.

No training session has been scheduled the day before the competition.

However, it is possible to swim during opening hours (Friday : 11.45 AM – 1.45 PM) upon payment at the door (same place as the competition i.e. Rue Robert Schumann 68000 Colmar) – 25m pool, 6 lanes, maximal depth : 3m

or

at Aqualia Swimming-Pool(rue du Pigeon 68000 Colmar) Friday : 8 AM – 9 PM – 25m pool, 8 lanes.

FOR FURTHER INFORMATION.

By phone: William Pellicia, Team manager, 0033 6 10 11 26 64

By mail : pellicia.william@neuf.fr or colmarcup2012@gmail.com

PLACE.

*Colmar Stade Nautique (25m pool)
Rue Robert Schumann
68 000 Colmar – France*

Opening time and warming-up : 7.00 AM

Briefing : 7.45 AM

*8.15 AM 200m Obstacle swim
 4x50m Obstacle relay
 100m Manikin tow with fins*

12.00 Lunch

1.00 PM WARM UP

*2.00 PM 100 m rescue medley
 100m manikin carry with fins
 50m manikin carry
 4x25 m manikin relay
 4 x 50 medley*

9.00 PM Dinner and prizes

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*The competition finishes at 7 PM.
After the rewards ceremony, dinner
(13 euros) will be served at :*

*Foyer Saint Léon (under the church)
14 rue d'Ostheim, Colmar*

ACCOMODATION.

You will find information on the Colmar Cup website.

PAYMENT

See information below.



Identifiant national de compte bancaire - RIB

Banque	Guichet	N° compte	Clé	Devise
10278	03224	00020240001	68	EUR

Identifiant international de compte bancaire

IBAN (International Bank Account Number)

FR76 1027 8032 2400 0202 4000 168

CCM LE CASTEL

BIC (Bank Identifier Code)

CMCIFR2A

Domiciliation

CCM LE CASTEL
2 PLACE DU 1ER FEVRIER 1945
68180 HORBOURG WIHR

Titulaire du compte (Account Owner)

A C S S COLMAR
MME ZEH SANDRINE
2 ROUTE DE TURCKHEIM
68230 ZIMMERBACH

SATURDAY LUNCH.

LUNCH PACK : 5 EUROS

2 sandwiches
1 bottle of water(50cl)
1 fruit
1 cereal bar

Upon reservation (see website for details)

SATURDAY DINNER.

Dinner available for 13 euros per head
upon reservation. (see website for
details)

ENROLLMENT :

12 EUROS per athlete.

PLAN

You will find the directions to go to the rewards ceremony from the pool.

B = COMPETITION – stade nautique de Colmar

A = REWARDING CEREMONY AND DINNER – Foyer Saint Léon

